# FORENSIC EVALUATION INTAKE FORM

Please Print Legibly and Complete Each Item

|   |                                       |                | Date: _      |            |
|---|---------------------------------------|----------------|--------------|------------|
| Client's Full Name                                    | Alias or Other Name(s                 | ) I have used  |              |            |
| Reason(s) for other name(s) I have used               |                                       |                |              |            |
| Date of Birth Place of Birth                          | Social S                              | Security       |              |            |
| Race: I am Black Caucasian Asian Citize               |                                       |                |              |            |
| Sexuality: I am Male Female Transsexual               | Transgender Herma                     | ohroditic      |              |            |
| Sexual Orientation: I am Heterosexual Homos           |                                       |                | sexual       | Other      |
| Marital Status: Single Engaged Married _              |                                       |                |              |            |
| Additional Family Members:                            | Relationship:                         |                | Curre        | nt Age:    |
|   | Relationship:                         |                |              |            |
|   | Relationship:                         |                | Curre        | nt Age:    |
|   | Relationship:                         |                |              |            |
|   | Relationship: _                       |                | Curre        | ent Age:   |
| Home Address:   | City                                  |                | Zi           | р          |
| Cell Phone: Work Phone:                               |                                       |                |              |            |
| Leave Message at Home? Yes No Leave Mess              | sage at Work? Yes No _                | _ Permission   | n to Text?   | Yes No _   |
| In Case of Emergency Contact Name/Phone Number:       |                                       |                |              |            |
| E-mail Address:                                       | _ Web-page:                           |                |              |            |
| Social Media sites (e.g., Face Book, Twitter, Skype): |                                       |                |              |            |
| Referred by:  | Phone:                                |                |              |            |
| Physician:  | Phone:                                |                |              |            |
| Psychiatrist:   | Phone:                                |                |              |            |
| Attorney:   | Phone:                                |                |              |            |
| Probation Officer:                                    | Phone:                                |                |              |            |
| Have you ever filed for <b>Bankruptcy</b> ? been in   | volved in a Lawsuit?                  | been <b>In</b> | carcerated   | <b>!</b> ? |
| Current Weight: Height: Eye Color:                    | Hair Color: 🛛 Rig                     | ht Handed      | Left Hand    | ded 🛛 Both |
| □ Tattoos #: □ Body Modifications #: □ F              | Piercings #: 🛛 Scars                  | #: 🗆 Prc       | osthetics (  | type)      |
| Primary Language: Other Lang                          | uages spoken:                         |                |              |            |
| Education:  |                                       |                |              |            |
| High School Loo                                       | cation                                | Year           |              |            |
| Trade School Loc                                      | cation                                | Year           | Certificatio | n          |
| College/University Lo                                 | cation                                | Year           | Major        | _ Degree   |
| Lo  | cation                                | Year           | Major        | _ Degree   |
| Lo  | cation                                | Year           | Major        | _ Degree   |
| I am currently enrolled at                            | · · · · · · · · · · · · · · · · · · · |                |              |            |
| My educational goal is                                |                                       |                |              |            |
| Previous Therapy? Yes No Former Therapis              | t:                                    | Appro          | ximate Da    | nte:       |
| Previous Mental Health Evaluation: Yes No I           | Evaluator:                            |                | Date:        |            |

| I was raised primarily by:              |   |                                       |                    |
|---|---|---------------------------------------|--------------------|
| Biological Mother & Father              |   |                                       | er only            |
| Father & Stepmother                     |   |                                       |                    |
| Maternal Grandparent(s)                 | • | Aunt/Uncle                            |                    |
| ☐ Foster Parent(s)                      | □ Adoptive Parent(s)                    | □ Foster Parents                      | in homes           |
| In my family of origin I was:           | orn/only child  first born              | of 2 <sup>nd</sup> borr               | n of               |
|   | rn of                                   |                                       |                    |
| My biological parents' names: Father    |   | Mother (maiden name)                  |                    |
| My biological parents' cultural origina | s or ethnicity: (e.g., Italian, I       | English, German, Russia               | an, French)        |
| Father                                  | ſ                                       | Mother                                |                    |
| My primary foster/adoptive parents' of  | cultural origins were:                  |                                       |                    |
| Fathe                                   | r                                       | Mother                                |                    |
| The primary wage-earner(s) during m     |   |                                       |                    |
| □ Father                                |   | -                                     |                    |
| □ Stepfather                            | Stepmother                              | ······················                |                    |
| Other person and occupation             |   |                                       |                    |
| Number of Children Number of            | Stepchildren Numbe                      | er of Dependents                      |                    |
| Names of Children                       |   |                                       |                    |
|   | Date of birth                           |                                       |                    |
|   | Date of birth                           |                                       |                    |
|   | Date of birth                           | · · · · · · · · · · · · · · · · · · · |                    |
|   | Date of birth _                         |                                       |                    |
|   | Date of birth                           |                                       |                    |
| Names of Stepchildren                   |   |                                       |                    |
|   | Date of birth                           |                                       |                    |
|   |   |                                       |                    |
|   | Date of birth                           |                                       |                    |
|   | Date of birth                           |                                       |                    |
|   |   |                                       |                    |
|   |   |                                       |                    |
| My Current Marital Status is:           |   |                                       |                    |
| Never been married and not livin        |   | ·                                     |                    |
| Never been married, but in a con        |   | . ,                                   |                    |
| Married and living with my spous        |   |                                       |                    |
| Spouse's age Spouse                     | e's Occupation                          |                                       |                    |
| $\Box$ Separated and living alone Hove  | w long?                                 |                                       |                    |
| $\Box$ Separated, and living with some  | one in a committed relationsh           | ip Date(s)                            |                    |
| Divorced(s) Number of marriages         | S                                       |                                       |                    |
| Previous spouse's name                  | L                                       | ength of marriage                     | _ Date of divorced |
| Previous spouse's name                  | L                                       | ength of marriage                     | _ Date of divorced |
| Previous spouse's name                  | L                                       | ength of marriage                     | _ Date of divorced |
| Previous spouse's name                  |   |                                       |                    |
| $\Box$ Widow/widowed, and living alone  | e or with a family member               | Date spous                            | se deceased        |
|   |   |                                       | 2                  |

| Religiously, I describe myself as     | :                         |                                       |                            |    |
|---------------------------------------|---------------------------|---------------------------------------|----------------------------|----|
| Agnostic ("god" is unknow             | vn or unknowable)         | Atheistic                             | (there is no "god")        |    |
| Against a belief in in any            | "god" and/or any religion | Theistic (                            | there is a "detached god") |    |
| Believing in a higher power           | er, with no affiliation   | Other (ex                             | (plain)                    |    |
| Believing in a higher power           | er, with affiliation to   |                                       |                            |    |
| Believing in God as descr             | ibed in the Bible         |                                       |                            |    |
| Believing in Allah as desc            | ribed in the Koran        |                                       |                            |    |
| Religious Background:                 |                           |                                       |                            |    |
| Church, Temple, Synagogue o           | r Mosque currently attend | ding:                                 |                            |    |
| Location:                             |                           | Clergy or Religio                     | us leader:                 |    |
| My Military Experience was:           |                           |                                       |                            |    |
| $\Box$ I never served in the military | /                         |                                       |                            |    |
| □ I served years in the (B            | ranch of Service)         |                                       |                            |    |
| □ I was discharged Type of            | discharge                 |                                       |                            |    |
| □ I am retired                        |                           |                                       |                            |    |
| □ I served in combat Nur              | mber of tours Where       | 2                                     |                            |    |
| My military specialty (MOS,           |                           |                                       |                            |    |
| My mintary speciality (MOS,           | NEO, AI OO) 13/Was        |                                       | IK 15/ Wd5                 |    |
| I received military reprimant         | ds Number Article         | 15 Article 32                         | Court-Martial date         |    |
| Places you previously lived:          |                           |                                       |                            |    |
| City                                  |                           | State/Country                         | Length of tim              | 16 |
| City                                  |                           |                                       |                            |    |
| City                                  |                           |                                       | Length of tim              |    |
| City                                  |                           |                                       | Length of tim              |    |
| City                                  |                           |                                       | Length of tim              |    |
| City                                  |                           |                                       | Length of tim              |    |
| City                                  |                           |                                       | Length of tim              |    |
|                                       |                           | · · · · · · · · · · · · · · · · · · · |                            |    |
| My Income over the past 12 mont       | hs (or 12 months prior t  | to incarceration) v                   | vas:                       |    |
| □ less than \$10,000                  | □ \$10,001 to \$20        | 0,000                                 | □ \$20,001 to \$30,000     | )  |
| □ \$30,001 to \$40,000                | □ \$40,001 to \$50        |                                       | □ \$50,001 to \$60,000     |    |
| □ \$60,001 to \$70,000                | □ \$70,001 to \$80        | 0,000                                 | □ \$80.001 to \$100,00     | )0 |
| □ \$100,001 to \$200,000              | □ more than \$20          | 0,000                                 |                            |    |
| □ Disability income of \$             | D Social Security         | ncome \$                              | □ Other Income \$          |    |

### My Employment History:

| Retired years                                       |        |       |                |                        |
|---|--------|-------|----------------|------------------------|
| Employed years                                      |        |       |                |                        |
| Employer's name:                                    |        | S     | upervisor's na | me:                    |
| Employer's address:                                 |        |       |                |                        |
| Job Title:  |        |       |                | ngth of time employed: |
| minal History:<br>] No criminal history, other than |        |       |                |                        |
| Misdemeanor(s) Number                               | _ Date | State | Reason         |                        |
| If more than one felony,                            |        |       |                |                        |
| provide dates and reason<br>for each.               | Date   | State | Reason         |                        |
|   | Date   | State | Reason         |                        |
| Felony(s) Number                                    | _ Date | State | Reason         |                        |
| If more than one felony,                            | Date   | State | Reason         |                        |
| provide dates and reason                            | Date   | State | Reason         |                        |
| for each.   | Date   | State | Reason         |                        |

# **CONSENT TO EVALUATION**

I, the undersigned, request and give consent to an evaluation by

### Dr. Harry L. Morgan, Ph.D., LMHC, CCSOTS, CFMHE

Clinical & Forensic Mental Health Services 7458 North Tamiami Trail, Suite 5B, FL 34242

This consent authorizes Dr. Morgan to use psychometric, psychosexual, psychosocial instruments, personality assessments, intelligence tests, and other inventories necessary to provide a comprehensive evaluation that satisfies the professional and ethical standards of the American Psychological Association (APA), the American Counseling Association (ACA), the Association for the Treatment of Sexual Abusers (ATSA), and the forensic expectations of state, federal and military courts.

I have been informed of the nature and purposes of this service. I have been advised that this examination is confidential, in compliance with HIPAA, and that disclosure of information pertaining to this evaluation will not be released to anyone without my written consent. If a Forensic Mental Health Evaluation, Psychosexual or Risk Assessment has been prepared for an attorney or agency, the continued confidentiality of the evaluation will be contingent on the decisions that I and my attorney make regarding disclosure of the report or listing Dr. Morgan as an expert witness in this case. This contingency also applies to Safe Children's Coalition, Child Protective Services, state, federal or military courts, other official agencies, or any individual in an official capacity associated with or with whom I have granted authority with regard to my case.

I am informed of the statutory exceptions to confidentiality that include suicidal threats, homicidal threats, and disclosure of abuse of children or the elderly, or court subpoenas issued by a judge. I understand there is no guarantee that the findings will be favorable to my case, only that they will be objective and truthful.

I understand that Dr. Morgan may consult with his associate, Dr. Ronald Aung-Din, a neurologist and psychiatrist. I understand that the confidentiality expected of Dr. Morgan applies to those with whom he consults.

I further give consent for my clinical interviews with Dr. Morgan to be audio/video recorded for accuracy of information I submit to him during my clinical interview(s) and quality purposes of the forensic mental health evaluation.

Client's Signature

Date

Evaluator's Signature

Date

# **MEDICAL HISTORY**

Please check ( • ) all your current physical, neurological, and behavioral conditions.

| General Physical   | Neurological   | Behavioral  |
|--|--|---|
| <ul> <li>Heart Problems</li> <li>Liver Problems</li> <li>Lung Problems</li> <li>Allergies</li> <li>Cancer</li> <li>High Blood Pressure</li> <li>Bowel/Bladder</li> <li>Nausea/Vomiting</li> <li>Visual Problems</li> <li>Weakness</li> <li>Problems Walking</li> <li>Unusual Hair Loss</li> <li>Multiple Sclerosis</li> <li>Menstrual Irregularities</li> <li>Urinary / Kidney Problems</li> <li>Thyroid Dysfunction</li> <li>Diabetes</li> <li>Hypoglycemia</li> <li>Rashes</li> <li>Tremors</li> </ul> | <ul> <li>Brain Surgery</li> <li>Parkinson's Disease</li> <li>Brain Injury</li> <li>Concussion</li> <li>Stroke</li> <li>Brain Tumor</li> <li>Hallucinations</li> <li>Seizures (including epilepsy)</li> <li>Headaches / Migraines</li> <li>Neuropathic Pain</li> <li>Blackouts</li> <li>Amnesia</li> <li>Headaches</li> <li>Dizziness</li> <li>Sensory Distortion</li> <li>Loss of Consciousness</li> <li>Memory Problems</li> <li>Episodic Disorientation</li> <li>Electro-Shock Therapy</li> <li>Autism</li> <li>Tourette's Syndrome</li> </ul> | <ul> <li>Weight Gain / Loss (circle which)</li> <li>Appetite Changes</li> <li>Bulimia / Anorexia (circle which)</li> <li>Food Cravings</li> <li>Impotence</li> <li>Compulsive Sexual Activity</li> <li>Fatigue</li> <li>Heat/cold sensitivity</li> <li>Speech Problems</li> <li>Alcohol Consumption         <ul> <li>(<i>Description/type</i></li> <li>(<i>Amount per week</i></li> <li>Tobacco Usage</li> <li>Insomnia</li> <li>Change in Sexual Drive</li> <li>Personality Change</li> <li>Constant Hunger</li> <li>Déjà vu</li> <li>ADD / ADHD</li> <li>OCD</li> </ul> </li> </ul> |

List all prescription and over-the-counter medications currently used:

| Prescription Medication | Dosage | Prescription Medication | Dosage |
|-------------------------|--------|-------------------------|--------|
|                         |        |                         |        |
|                         |        |                         |        |
|                         |        |                         |        |
|                         |        |                         |        |

List all non-prescription, over-the-counter medications and vitamin/mineral therapies currently used:

| Non-Prescription Medication | Dosage | Non-Prescription Medication | Dosage |
|-----------------------------|--------|-----------------------------|--------|
|                             |        |                             |        |
|                             |        |                             |        |
|                             |        |                             |        |

### PERSONAL HISTORY / PROBLEM EVALUATION BASIC PROBLEM IDENTIFICATION

Please check any of the follow symptoms or conditions you have had or are now experiencing.

| CONDITION:                      | PAST<br>More than 6<br>months | PRESENT<br>Less than 6<br>months | CONDITION:   | PAST<br>More than 6<br>months | <b>PRESENT</b><br>Less than 6<br>months |
|---------------------------------|-------------------------------|----------------------------------|--|-------------------------------|---|
| Mood high & lows                |                               |                                  | Physical abuse from others                         |                               |   |
| Irritability                    |                               |                                  | Sexual abuse from others                           |                               |   |
| Excessive stress                |                               |                                  | Excessive worries                                  |                               |   |
| Crying spells                   |                               |                                  | Difficulty concentrating                           |                               |   |
| Phobias or fears                |                               |                                  | Hearing unseen voices                              |                               |   |
| Confusion                       |                               |                                  | Frequent loss of temper                            |                               |   |
| Low self-esteem                 |                               |                                  | Acting out violence                                |                               |   |
| Compulsive behaviors            |                               |                                  | Frequent residence changes                         |                               |   |
| Depression                      |                               |                                  | Frequent employment change                         |                               |   |
| Extreme nervousness             |                               |                                  | Bed wetting past age 6                             |                               |   |
|                                 |                               |                                  | Fire setting past age 6                            |                               |   |
| Lack of Motivation              |                               |                                  | Blaming others frequently<br>Lack of sexual desire |                               |   |
| Indecisiveness                  |                               |                                  |  |                               |   |
| Loss of memory                  |                               |                                  | Compulsive Sexual Activity                         |                               |   |
| Fantasizing                     |                               |                                  | Spiritual confusion                                |                               |   |
| Use of pornography              |                               |                                  | Thoughts of suicide<br>Difficulty reading          |                               |   |
| Physical abuse of children      |                               |                                  | Inability to comprehend math                       |                               |   |
| Sexual abuse of children        |                               |                                  | Inability to express yourself                      |                               |   |
| Physical abuse of others        |                               |                                  | Involvement with the occult                        |                               |   |
| Excessive sexual activity       |                               |                                  | involvement with the occurt                        |                               |   |
| 2. What physical disorders do   | you have, if a                | any?                             | cal examination? Where                             |                               |   |
| 3. Describe your current relati | onship to Goo                 | 1                                |  |                               |   |

Describe your **family of origin's** (parents, siblings, aunts/uncles, grandparents, etc.) attitudes toward sex, and their sexual behaviors, as best you remember them, and how they have influenced your own attitudes and behaviors toward sex.

Describe how **religion or spirituality** influenced the development of you and your family of origin's attitudes and behaviors toward sex. How did these change during your lifespan and the lifespan of your family members?

Describe how your **cultural and ethnic heritage** influenced the development of you and your family of origin's attitudes and behaviors toward sex. How did these change during your lifespan and the lifespan of your family members?

Other major influences:

# **SEXUAL THOUGHTS & BEHAVIORS**

| The three recurring sexual thoughts that are of most concern to me are:      |  |
|--|--|
| 1  |  |
| 2  |  |
| 3  |  |
| overcome these thoughts by:  |  |
| The three sexual behaviors that I have the most difficulty controlling are:  |  |
| 1  |  |
| 2  |  |
| 3  |  |
| overcome these behaviors by:   |  |
| The three situations that I must avoid in order not to risk reoffending are: |  |
| 1  |  |
| 2  |  |
| 3  |  |
| successfully avoid these situations by:                                      |  |
|  |  |
|  |  |

# SUBSTANCE USE/ABUSE/DEPENDENCE HISTORY

Describe your family of origin's use of alcohol, during your childhood, and how it affected you.

| Relationship | Description of use/abuse | Type of treatment | How it affected you |
|--------------|--------------------------|-------------------|---------------------|
|              |                          |                   |                     |
|              |                          |                   |                     |
|              |                          |                   |                     |
|              |                          |                   |                     |
|              |                          |                   |                     |
|              |                          |                   |                     |

Describe your own use of alcohol, throughout your lifespan, including any problems that the use/abuse of alcohol has caused, including your current use.

| Age | <b>Type</b> (beer, wine, liquor) | Fre-<br>quency | Amount | Reason for use | How it affected you | Last use |
|-----|----------------------------------|----------------|--------|----------------|---------------------|----------|
|     |                                  |                |        |                |                     |          |
|     |                                  |                |        |                |                     |          |
|     |                                  |                |        |                |                     |          |
|     |                                  |                |        |                |                     |          |
|     |                                  |                |        |                |                     |          |
|     |                                  |                |        |                |                     |          |
|     |                                  |                |        |                |                     |          |
|     |                                  |                |        |                |                     |          |

Describe the use of illicit substances and abuse of prescription medications of the members of your family of origin, and how it affected you.

| Age | <b>Type</b> (opioids,<br>marijuana, hallucin-<br>ogens, etc.) | Fre-<br>quency | Amount | Reason for use | How it affected you | Last use |
|-----|---|----------------|--------|----------------|---------------------|----------|
|     |   |                |        |                |                     |          |
|     |   |                |        |                |                     |          |
|     |   |                |        |                |                     |          |
|     |   |                |        |                |                     |          |
|     |   |                |        |                |                     |          |
|     |   |                |        |                |                     |          |
|     |   |                |        |                |                     |          |
|     |   |                |        |                |                     |          |
|     |   |                |        |                |                     |          |

# MENTAL HEALTH HISTORY

Describe the history of mental health issues within your family of origin. \_\_\_\_\_none

| Relationship | Mental Health Issue | Treatment received | How their illness affected you & your family |
|--------------|---------------------|--------------------|--|
|              |                     |                    |  |
|              |                     |                    |  |
|              |                     |                    |  |
|              |                     |                    |  |
|              |                     |                    |  |
|              |                     |                    |  |

Describe mental health treatment that you have received.

\_\_\_none

| Age | Diagnosis | Treating physician or mental health clinician | Type of treatment | Medications prescribed |
|-----|-----------|---|-------------------|------------------------|
|     |           |   |                   |                        |
|     |           |   |                   |                        |
|     |           |   |                   |                        |
|     |           |   |                   |                        |
|     |           |   |                   |                        |
|     |           |   |                   |                        |

### If I have committed or in accused of committing a sexual violation

I was \_\_\_\_\_ years of age when I *committed* my first sex-related offense, but did not get caught

I was \_\_\_\_\_ years of age when I was caught/charged with committing a sex offense

I was \_\_\_\_\_ years of age when I was *arrested* for my first sex-related offense

I was \_\_\_\_\_ years of age when I was *convicted* for my first sex-related offense

I have been charged \_\_\_\_\_ times and convicted \_\_\_\_\_ for a sex-related offense

I was incarcerated for \_\_\_\_ years for my sex offense(s)

| The gender of my victim(s):       | _ males only females only    | males & females         |
|-----------------------------------|------------------------------|-------------------------|
| The age group of my victim(s):    | □ 1 to 5 years of age        | □ 6 to 10 years of age  |
| 11 to 15 years of age             | 16 to 20 years of age        | □ 21 to 25 years of age |
| □ 26 to 49 years of age           | □ elderly (age 50 and over)  |                         |
| My relationship to my victim(s) v | vas:                         |                         |
| strangers that were not relate    | d to me by blood or marriage |                         |
| □ a biological child              | □ a foster/adopted child     | □ a stepchild           |

 $\Box$  a grandchild, niece, or nephew  $\Box$  a child left in my care/neighbor's care

# SEXUAL BEHAVIOR CONSEQUENCES

(Check all that apply to you)

### **Emotional Consequences:**

- □ suicidal thoughts or feelings (last time this occurred was \_\_\_\_\_)
- □ suicide attempt (when \_\_\_\_\_ by what method \_\_\_\_\_)
- □ homicidal thoughts or feelings
- $\Box$  extreme hopelessness or despair
- $\Box$  failed efforts to control sexual acting out
- □ loss of self esteem
- emotional instability (e.g., depression, paranoia, anxiety, etc.)
- ☐ feeling like I'm leading two lives
- □ acting against my values & beliefs
- □ strong feelings of guilt
- □ strong feelings of shame
- emotional exhaustion
- □ strong feelings of being isolated and lonely
- □ strong fears about my future
- □ rejection by family/friends

### **Physical Consequences:**

- Continued sexual behaviors despite the risk of disease or infection to myself/others
- venereal disease(s)
- □ AIDS or AIDS Related Complex
- □ risk of unwanted pregnancy due to inadequate use of birth control
- □ abortion as a means of birth control (self or partner) (when\_\_\_\_)
- D physical injury to genitals, breasts, colon, etc.
- □ physical exhaustion
- extreme weight gain
- extreme weight loss
- eating disorder(s)
- □ ulcers
- □ high blood pressure
- □ other\_

victim of rape (provide details in the "comments" section of this form)

### Family & Partnership Consequences:

- □ rejection by some members of my family of origin
- □ rejection by my spouse/partner
- □ loss of respect from some members of my family of origin
- □ loss of respect from spouse/partner
- □ loss of respect from my child/ren
- □ marital/relationship problems
- □ jeopardizing the well-being of my family
- I my children experiencing emotional and/or mental suffering
- unable to participate in family functions where minor children may be present
- □ unable to attend my children's school activities

#### Social Consequences:

- □ loss of important friendship(s)
- □ unable to pursue hobbies/activities
- □ arrest(s) for sex-related crimes
- □ arrest(s) for nonsexual-related crimes
- □ lawsuits/malpractice suits
- □ stealing/embezzling to support behavior
- □ financial distress
- □ loss of freedom (curfew, etc.)

### **Career/Educational Consequences:**

- □ termination from job
- □ demotion at work
- □ passed over for promotion
- □ loss of respect from employer/co-workers
- □ decrease in productivity
- □ loss of opportunity to work in my chosen career field
- □ unable to secure employment due to my sex-related crime(s)
- □ forced to take a job below my capabilities, just to have an income
- □ forced to change my career
- □ formal investigation by a licensing board
- □ loss of licensure/certification needed to pursue my chosen career
- □ loss of vocational opportunities
- □ loss of educational opportunities
- Ioss of a business
- □ declared bankruptcy
- □ home was foreclosed on
- □ disciplinary action(s)\_\_\_

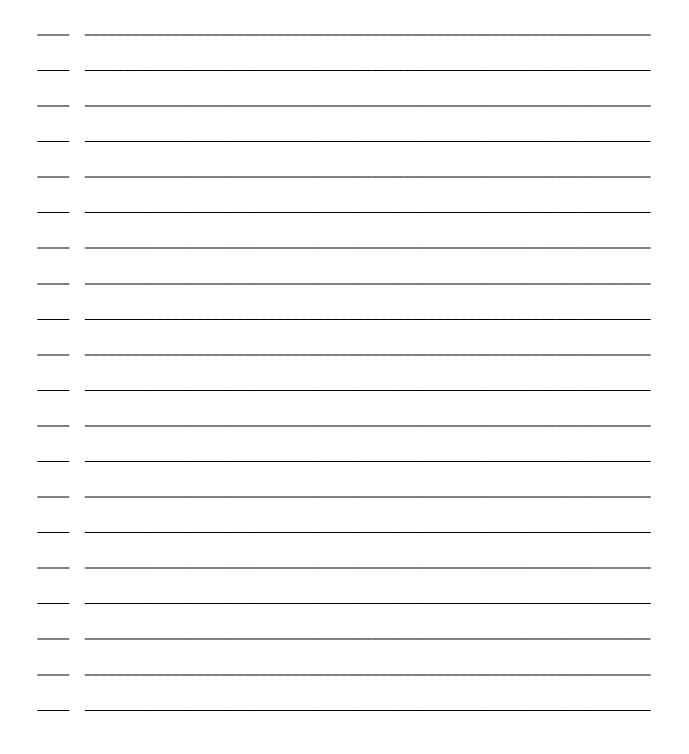
### **Spiritual Consequences:**

- □ anger at God/higher power
- □ loss of faith in anything spiritual
- □ feeling disconnected from others
- □ feeling abandoned by God/higher power
- □ unable to attend the church of my choice
- D being rejected by people that used to attend church with me

Other negative consequences that were not identified in this section include:

# MAJOR LIFE EVENTS OF A SEXUAL NATURE

Include only those key items related to your sexuality such as traumatic events, most vivid memories, victimization, onset & frequency of masturbation, sexual experimentation, dating experiences, sexual fantasies, same-sex relationships, committed relationships & marriages (sexual compatibility), forms of sexual stimulation you have used (pornography, sex toys, etc.), frequency of visiting topless bars, frequency of sex with prostitutes, periods of sexual dysfunction, and other sexual patterns throughout your lifespan. Begin with your earliest memory of a sexual thought and first sexual behavior, and carry it forward to your current sexual thoughts and behaviors. Continue on a separate piece of paper if you fill this one up. (Place the age at the time of each event on the column to the left).



# **SELF-REFLECTION**

My greatest personal losses, as the result of my sexual behaviors, have been:

| 1. |  |
|----|--|
|    |  |
|    |  |
| 4. |  |
| 5. |  |
| 5. |  |

My sexual fantasies usually involve me thinking about:

| 1.      |  |
|---------|--|
| 2.      |  |
| 3.      |  |
| 4       |  |
| г.<br>Г |  |
| 5.      |  |

The following "triggers" make me want to repeat unhealthy sexual behaviors (people, places, events & situations that provoke an **unwanted** sexual arousal).

| 1. |  |
|----|--|
| 2. |  |
| 3. |  |
| 4. |  |

# **DETAILED SEXUAL HISTORY**

Please read each statement carefully. If the statement reflects a behavior, feeling, or thought that has ever been part of your experience, click on the box in front of the statement. Next, for each statement that you check, use the scale provided to write the number in the FREQUENCY column, which indicates how often you experience that behavior, thought, or feeling. Finally, write the number in the POWER column which indicates the overall strength (influence, control) that the behavior, thought, or feeling had in your expression of sexuality.

| Fre-    | 1 = one time | 2 = seldom | 3 = occasional | 4 = often | 5 = very often |
|---------|--------------|------------|----------------|-----------|----------------|
| quency: |              |            |                |           |                |
| Power:  | 1 = very low | 2 = low    | 3 = moderate;  | 4 = high  | 5 = very high  |

|     |  | FREQ | POWER |
|-----|--|------|-------|
| 1.  | Thinking or obsessing about sex-related matters                |      |       |
| 2.  | Fantasizing about past or future sexual experiences            |      |       |
| 3.  | Neglecting responsibilities in order to prepare for an episode |      |       |
| 4.  | Thinking that sex is love                                      |      |       |
| 5.  | Thinking "I'll find my lover next time, if I keep looking"     |      |       |
| 6.  | Thinking that having sex with someone gives me power           |      |       |
| 7.  | Feeling a need to be sexual, in order to feel good             |      |       |
| 8.  | Suppressing my sexual feelings for periods of time             |      |       |
| 9.  | Denying my sexuality   |      |       |
| 10. | Deluded thoughts ("I need to masturbate in order to sleep"     |      |       |
| 11. | Having sex even though I don't want to at the time             |      |       |
| 12. | Feeling depressed following a sexual encounter                 |      |       |
| 13. | Feeling hopeless or unworthy following a sexual encounter      |      |       |
| 14. | Feeling anxious between periods of sexual encounters           |      |       |
| 15. | Using sex as a means to find love                              |      |       |
| 16. | Masturbating yourself (while alone)                            |      |       |
| 17. | Masturbating with an object (while alone)                      |      |       |
| 18. | Masturbating to the point of physical injury or infection      |      |       |
| 19. | Masturbating in public places, without being seen              |      |       |
| 20. | Masturbating in public places, hoping to be seen               |      |       |
| 21  | Masturbating in a vehicle (while alone)                        |      |       |
| 22. | Masturbating in a vehicle, hoping to be seen                   |      |       |
| 23. | Masturbating with an electrical device (while alone)           |      |       |
| 24. | Looking at sexually explicit magazines at home (while alone)   |      |       |
| 25. | Looking at sexually explicit magazines at work (by yourself)   |      |       |

|     |  | <br> |
|-----|--|------|
| 26. | Watching sexually explicit videos or on-line porn (alone)                                      | <br> |
| 27. | Making sexually explicit videos or photographs/sexting   |      |
| 28. | Patronizing adult bookstores (alone, for personal pleasure)                                    | <br> |
| 29. | Viewing child pornography (alone or with someone else)   | <br> |
| 30. | Patronizing topless bars for sexual stimulation  | <br> |
| 31. | Patronizing massage parlors for sexual stimulation   | <br> |
| 32. | Being sexually stimulated by advertisements that are not intended to be sex-<br>ually explicit | <br> |
| 33. | Looking for sexually suggestive moments on TV or films   | <br> |
| 34. | Maintaining a collection of pornographic materials   | <br> |
| 35. | Paying someone to perform a sexual activity  |      |
| 36. | Patronizing phone sex services   | <br> |
| 37. | Patronizing an escort service  | <br> |
| 38. | Receiving money in exchange for sexual activity  | <br> |
| 39. | Receiving gifts in exchange for sexual activity  | <br> |
| 40. | Pimping others for sexual activity   | <br> |
| 41. | Spending money on someone to get sex   | <br> |
| 42. | Giving sexual favors because someone spends money on you                                       | <br> |
| 43. | Having many sexual relationships at the same time  | <br> |
| 44. | Having one-night stand   | <br> |
| 45. | Having sexual affairs outside your primary relationship  | <br> |
| 46. | Engaging in sex with an anonymous partner  | <br> |
| 47. | Swapping sexual partners   | <br> |
| 48. | Urging your partner to have sex with others  | <br> |
| 49. | Participating in group sex   | <br> |
| 50. | Cruising beaches, parking lots, etc. for sexual arousal  | <br> |
| 51. | Experimental sex with a same-sex partner   | <br> |
| 52. | Exposing yourself from a vehicle   | <br> |
| 53. | Exposing yourself from a stage or for hire   | <br> |
| 54. | Exposing yourself from your home   | <br> |
| 55. | Exposing yourself through your choice of clothing  | <br> |
| 56. | Exposing yourself in showers, locker rooms, restrooms  | <br> |
| 57. | Watching people through windows of their house/apartment                                       | <br> |
| 58. | Using binoculars/telescopes to watch people  | <br> |
| 50. |  |      |

| 60. | Asking strangers inappropriate personal sexual data  | <br> |
|-----|--|------|
| 61. | Sexualizing others you see in public places  | <br> |
| 62. | Sexualizing others in health clubs, locker rooms, etc.   | <br> |
| 63. | Touching or fondling people inappropriately  | <br> |
| 64. | Bringing sexualized humor into our conversation  | <br> |
| 65. | Using flirtatious or seductive behavior to gain attention                                      | <br> |
| 66. | Making inappropriate sexual advances toward others   | <br> |
| 67. | Making unwanted sexual advances toward others  | <br> |
| 68. | Touching people, but acting as if it was an accident   | <br> |
| 69. | Forcing sexual activity on a child outside of your family                                      | <br> |
| 70. | Forcing sexual activity on your spouse/partner   | <br> |
| 71. | Forcing sexual activity on a member of your family (brother, sister, etc.)                     | <br> |
| 72. | Forcing sexual activity on an acquaintance   | <br> |
| 73. | Forcing sexual activity on a person you do not know  | <br> |
| 74. | Engaging in sexual activity with a consenting minor  | <br> |
| 75. | Exposing children to sexual activities   | <br> |
| 76. | Sharing inappropriate sexual information with a child  | <br> |
| 77. | Using a power position to gain sex from another person (teacher, employer, supervisor, etc.)   | <br> |
| 78. | Administering drugs to someone to gain sex   | <br> |
| 79. | Using alcohol to take advantage of someone else  | <br> |
| 80. | Cross-dressing (when alone)  | <br> |
| 81. | Engaging in sexual activities with animals   | <br> |
| 82. | Using illicit substances to enhance your sexual experience                                     | <br> |
| 83. | Receiving physical harm/pain during sexual activity in order to intensify your sexual pleasure | <br> |
| 84. | Causing physical harm/pain to intensity your pleasure  | <br> |
| 85. | Seeking humiliating/degrading experiences as part of sex                                       | <br> |
| 86. | Having sex with a corpse   | <br> |

Describe any other sexual activities that have not already been covered.